

lista open 5km

MIEJSCE	NR	IMIĘ	NAZWISKO	ROK	PLEĆ	Lap1	Lap2	Lap3	Lap4	META
1	397	Monika	Kaczmarek	1989	F	3:06.31	6:16.95	9:30.69	12:44.57	15:57.97
2	101	Robert	Wójcik	1973	M	3:06.62	6:18.63	9:36.72	12:52.60	16:02.00
3	69	Szymon	Piotrowski	1995	M	3:06.60	6:18.19	9:36.23	12:59.59	16:24.53
4	100	Krzysztof	Woźniakowski	1982	M	3:19.78	6:53.87	10:36.42	14:20.86	17:43.73
5	34	Dawid	Gunther	2003	M	3:08.16	6:34.87	10:21.51	14:11.36	17:53.52
6	49	Krzysztof	Lewandowski	1977	M	3:22.74	6:58.13	10:43.74	14:34.20	18:12.93
7	7	Mariusz	Błaszczak	1986	M	3:23.83	7:01.65	10:47.70	14:30.93	18:18.29
8	42	Anna	Kociak	1978	F	3:32.05	7:13.69	10:55.56	14:46.94	18:31.78
9	10	Błażej	Burdukiewicz	1992	M	3:26.30	7:13.09	11:05.67	15:02.88	18:55.25
10	75	Paweł	Sęk	1978	M	3:38.98	7:26.37	11:18.17	15:14.07	18:58.32
11	30	Robert	Gondzia	1987	M	3:49.34	7:41.99	11:46.45	15:52.55	19:40.27
12	56	Jakub	Milczarek	1984	M	3:48.46	7:35.02	11:35.77	15:43.99	19:49.53
13	36	Arkadiusz	Hermanowicz	1987	M	3:31.80	7:30.82	11:37.36	15:53.93	19:59.96
14	400	Przemysław	Staniszewski	1981	M	3:59.72	8:03.53	12:09.52	16:19.86	20:14.72
15	104	Mateusz	Zaręba	1996	M	4:02.00	8:05.60	12:10.20	16:15.40	20:15.59
16	396	Michał	Nowak		M	3:58.04	8:03.46	12:30.45	16:58.67	20:43.29
17	51	Piotr	Łyjak	1980	M	4:30.86	8:41.92	12:47.25	17:01.31	20:43.99
18	105	Natalia	Zatorska	2002	F	4:31.07	8:41.89	12:47.16	17:01.71	20:50.49
19	72	Waldemar	Romanowicz	1981	M	4:00.56	8:07.08	12:27.42	16:55.00	20:58.02
20	89	Dariusz	Tyburski	1981	M	3:47.60	7:48.81	12:29.23	17:01.93	20:59.08
21	39	Aleksandra	Jaruga	1993	F	4:09.48	8:20.33	12:39.46	16:55.13	21:01.74
22	29	Mateusz	Godlewski	1989	M	3:51.81	7:57.22	12:11.84	16:47.55	21:14.46
23	95	Piotr	Wlazło	1974	M	3:50.88	8:05.15	12:20.15	16:51.51	21:19.48
24	24	Piotr	Dudziński	1987	M	3:52.60	8:08.45	12:36.97	17:15.42	21:33.64
25	23	Michał	Dublański	1986	M	4:22.49	8:35.40	12:53.51	17:14.47	21:33.68
26	19	Zbigniew	Czaprak	1962	M	4:08.97	8:24.65	12:45.87	17:08.65	21:36.17
27	61	Paulina	Olczak	1990	F	4:20.61	8:30.66	12:50.93	17:24.04	21:38.24
28	45	Miłosz	Krajewski	2001	M	4:32.21	8:44.95	13:09.23	17:40.41	21:52.16
29	77	Mateusz	Sikorski	1994	M	4:30.67	8:59.00	13:28.59	17:58.97	21:56.51
30	26	Błażej	Florczak	1990	M	4:31.87	8:46.93	13:13.68	17:44.60	22:01.90
31	13	Katarzyna	Ceran	1987	F	4:16.08	8:37.25	13:02.61	17:36.50	22:07.59
32	74	Tomasz	Sawicka	1984	M	4:27.88	8:52.99	13:20.21	17:55.69	22:13.02
33	96	Klaudia	Wlazło	2005	F	3:51.16	8:05.36	12:42.07	17:33.63	22:15.84
34	99	Bartosz	Woźniak	1994	M	4:30.71	8:58.82	13:28.53	17:59.86	22:25.76
35	103	Bartosz	Zalega	1974	M	4:22.77	8:49.06	13:22.59	17:59.74	22:30.80
36	14	Katarzyna	Chorzewska-Sęk	1986	F	4:09.78	8:31.30	13:08.62	17:57.22	22:31.98
37	25	Krzysztof	Fandrych	1972	M	4:28.96	8:55.16	13:26.70	18:08.84	22:48.00
38	60	Kuba	Niedziela	1977	M	4:20.34	8:46.15	13:26.08	18:19.49	22:54.55
39	93	Szczepan	Witczak	1994	M	4:35.83	9:10.66	13:49.54	18:42.33	23:14.38
40	399	Damian	Rynkiewicz	1995	M	4:31.87	9:14.86	14:01.29	18:42.64	23:15.71
41	80	Robert	Stefaniak	1988	M	4:45.76	9:22.87	14:04.40	18:51.56	23:16.50
42	33	Marta	Gunther	1984	F	4:21.27	8:50.13	13:34.82	18:36.59	23:32.84
43	47	Mariusz	Kuczeba	1985	M	4:29.61	9:12.64	14:09.80	19:13.45	23:57.60
44	32	Piotr	Gramatowski	1981	M	4:36.39	9:20.35	14:11.54	19:03.15	24:02.63
45	70	Krzysztof	Płaczkowski	1979	M	4:34.47	9:15.05	14:10.57	19:13.92	24:07.79
46	6	Robert	BLESIŃSKI	1977	M	4:44.29	9:25.84	14:14.27	19:25.48	24:26.42
47	27	Piotr	Franke	1989	M	5:14.69	9:46.28	14:35.96	19:35.80	24:28.81
48	106	WOJCIECH	Stępniak		M	4:51.74	9:28.44	14:24.73	19:32.67	24:32.01
49	79	Marta	Starczewska	1986	F	5:16.74	10:19.46	15:21.54	20:16.55	24:32.99
50	86	Klaudia	Świąder	1993	F	4:39.11	9:29.34	14:31.58	19:37.97	24:37.86
51	85	Rafał	Świąder	1972	M	4:34.71	9:25.47	14:28.03	19:43.69	24:38.80
52	83	Grzegorz	Ślemp	1980	M	4:49.13	9:34.36	14:30.11	19:43.42	24:51.06
53	21	Mikołaj	Dorożala	1982	M	5:11.37	10:15.09	15:23.19	20:22.27	24:51.29
54	57	Kamil	Mroczek	1997	M	4:36.54	9:20.57	14:25.70	19:56.64	24:54.46
55	1	Rafał	Antczak	1995	M	5:21.39	10:20.51	15:10.32	20:18.10	24:56.49
56	43	Arkadiusz	Konopa	1984	M	5:09.09	10:04.76	15:10.20	20:19.85	25:23.17
57	98	Krzysztof	Wojtalik	1976	M	4:50.41	9:40.39	14:56.69	20:25.83	25:35.21

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58	3	Małgorzata	Bek	1980	F	4:59.37	9:59.77	15:07.54	20:22.89	25:37.63
59	4	Michał	Bek	1981	M	4:59.56	10:00.07	15:07.75	20:23.10	25:38.79
60	8	Aleksandra	Boruta	2003	F	4:51.03	10:11.20	15:35.29	21:23.48	26:28.08
61	38	Piotr	Jaksa	1976	M	5:13.68	10:27.45	15:54.43	21:19.03	26:33.81
62	22	Magdalena	Dorożala	1991	F	5:08.62	10:15.77	15:50.41	21:23.58	26:36.49
63	5	Joanna	Blesińska	1980	F	5:19.53	10:36.61	16:05.92	21:03.17	26:45.16
64	81	Alicja	Szafarz	2003	F	4:51.31	10:10.90	15:46.02	21:33.25	27:17.15
65	78	Kamil	Staniszewski	1991	M	5:07.70	10:17.54	15:55.75	21:38.04	27:35.17
66	90	Karolina	Wąsowska	1989	F	5:18.45	10:46.62	16:25.44	22:05.89	27:44.66
67	35	Izabela	Hajdenrajch	1997	F	5:25.54	10:49.15	16:31.26	22:16.40	28:01.83
68	88	Justyna	Tulkowska	1992	F	5:27.54	10:50.22	16:34.38	22:24.98	28:03.45
69	40	Marta	Jaskułowska	1984	F	5:49.82	11:27.59	17:11.35	23:01.27	28:30.74
70	16	Dariusz	Clapa	1962	M	5:50.29	11:28.05	17:11.53	23:01.91	28:32.11
71	68	Joanna	Pęczek	1989	F	5:22.35	10:59.81	16:40.66	22:18.19	28:32.78
72	73	Dorota	Sawicka	1984	F	5:27.16	11:05.89	16:55.07	23:17.25	29:04.86
73	84	Łucja	Ślomp	1980	F	4:49.58	10:47.59	17:12.70	23:21.24	29:05.08
74	46	Krystian	Kucharski	1991	M	4:51.90	10:32.62	16:54.11	23:21.22	29:16.04
75	92	Renata	Witczak	1983	F	5:25.62	11:24.07	17:32.34	23:53.71	30:02.12
76	59	Mariusz	Najman	1990	M	5:27.99	10:54.76	18:22.48	24:06.54	30:49.21
77	64	Adrian	Onik	2001	M	5:31.99	11:36.76	18:30.68	25:32.21	31:19.65
78	11	Kacper	Burliński	2001	M	5:32.32	11:37.06	18:29.74	25:32.16	31:20.07
79	31	ELŻBIETA	GÓRKA	1988	F	5:37.31	12:03.89	18:25.18	24:54.70	31:24.57
80	2	Artur	Bartosik	1988	M	5:28.46	10:54.36	18:21.41	25:10.16	31:48.70
81	58	Sandra	Najmam	1994	F	5:27.83	11:37.21	18:16.94	25:09.84	31:48.75
82	9	Małgorzata	Bujalska	1984	F	5:46.63	11:56.29	18:12.39	24:54.41	31:55.06
83	50	Mirosław	Łyjak	1957	M	5:44.02	11:42.60	18:17.80	25:10.79	32:12.23
84	102	Aldona	Wójcik-Klauzińska	1995	F	5:27.32	12:01.49	18:57.59	25:57.53	32:56.03
85	97	WOJCIECH	Włodarczyk	1956	M	5:53.67	12:26.17	19:03.01	26:19.05	33:43.08
86	63	Tomaaz	Olszewski	1977	M	5:54.70	11:59.39	18:49.29	25:54.03	33:43.67
87	28	Sebastian	Gierańczyk	1985	M	5:55.13	11:59.03	18:49.72	25:54.06	33:44.10
88	94	Malwina	Witman	1990	F	5:39.15	13:13.34	21:08.84	28:32.52	34:51.35
89	18	Cezary	Clapa	1989	M	6:34.25	13:36.61	20:55.47	28:20.21	35:53.25
90	17	Beata	Clapa	1962	F	6:34.39	13:36.74	20:56.18	28:20.41	35:53.35
	52	Monika	Łyjak	1981	F	5:17.71	20:17.80			