

## WYNIKI IX ŚWIĄTECZNY Bieg Charytatywny - dla Helenki

| MIEJSCE | NR  | IMIĘ       | NAZWISKO         | KAT      | PŁEĆ | PŁEĆ/<br>MIEJSCE | META    | NETTO   |
|---------|-----|------------|------------------|----------|------|------------------|---------|---------|
| 1       | 225 | Sylwester  | Rębacz           | Bieg 5km | M    | 1                | 17:58.5 | 17:58.0 |
| 2       | 149 | Adam       | Łukasiewicz      | Bieg 5km | M    | 2                | 18:52.0 | 18:50.0 |
| 3       | 14  | Adrian     | Bem              | Bieg 5km | M    | 3                | 19:05.8 | 19:05.0 |
| 4       | 344 | Mirosław   | Ułański          | Bieg 5km | M    | 4                | 19:16.3 | 19:15.0 |
| 5       | 56  | Krzysztof  | Foriasz          | Bieg 5km | M    | 5                | 19:22.6 | 19:20.0 |
| 6       | 106 | Tomek      | Kołodziejczyk    | Bieg 5km | M    | 6                | 19:41.0 | 19:40.0 |
| 7       | 121 | Seweryn    | Kowalski         | Bieg 5km | M    | 7                | 19:51.5 | 19:50.0 |
| 8       | 244 | Sławomir   | Spatek           | Bieg 5km | M    | 8                | 20:01.9 | 20:00.0 |
| 9       | 232 | Marcel     | Rychlewski       | Bieg 5km | M    | 9                | 20:21.9 | 20:21.0 |
| 10      | 264 | Alan       | Szewczyk         | Bieg 5km | M    | 10               | 20:29.6 | 20:23.0 |
| 11      | 210 | Dominik    | Pietrzak         | Bieg 5km | M    | 11               | 20:33.4 | 20:31.0 |
| 12      | 31  | Krzysztof  | Bulenger         | Bieg 5km | M    | 12               | 20:34.6 | 20:32.0 |
| 13      | 154 | Arkadiusz  | Machura          | Bieg 5km | M    | 13               | 20:34.8 | 20:28.0 |
| 14      | 33  | Paweł      | Bułeczka         | Bieg 5km | M    | 14               | 20:42.6 | 19:44.0 |
| 15      | 279 | Damian     | Uszczyk          | Bieg 5km | M    | 15               | 20:44.0 | 20:41.0 |
| 16      | 343 | Tomasz     | Gryś             | Bieg 5km | M    | 16               | 20:47.6 | 20:46.0 |
| 17      | 26  | Kacper     | Bryl             | Bieg 5km | M    | 17               | 20:54.3 | 20:54.0 |
| 18      | 95  | STANISŁAW  | KEPSKI           | Bieg 5km | M    | 18               | 20:54.9 | 20:51.0 |
| 19      | 328 | Michał     | Sadowski         | Bieg 5km | M    | 19               | 20:55.4 | 20:53.0 |
| 20      | 262 | Michał     | Szewczyk         | Bieg 5km | M    | 20               | 20:56.5 | 20:52.0 |
| 21      | 107 | Adam       | Kołodziejczyk    | Bieg 5km | M    | 21               | 20:59.1 | 20:57.0 |
| 22      | 216 | Filip      | Pluskota         | Bieg 5km | M    | 22               | 21:03.8 | 20:48.0 |
| 23      | 63  | Stanisław  | Głogowski        | Bieg 5km | M    | 23               | 21:05.4 | 21:03.0 |
| 24      | 2   | Roksana    | Antończyk        | Bieg 5km | K    | 1                | 21:06.4 | 21:06.0 |
| 25      | 41  | Cyprian    | Cieślarczyk      | Bieg 5km | M    | 24               | 21:12.5 | 20:54.0 |
| 26      | 8   | Gabriel    | Bartosiewicz     | Bieg 5km | M    | 25               | 21:29.0 | 21:24.0 |
| 27      | 314 | Anna       | Zientala         | Bieg 5km | K    | 2                | 21:30.4 | 21:30.0 |
| 28      | 295 | Agnieszka  | Witusik-Szewczyk | Bieg 5km | K    | 3                | 21:30.5 | 21:28.0 |
| 29      | 272 | Dawid      | Świercz          | Bieg 5km | M    | 26               | 21:38.3 | 21:36.0 |
| 30      | 42  | Antonina   | Czachorowska     | Bieg 5km | K    | 4                | 21:39.6 | 21:31.0 |
| 31      | 71  | Mariusz    | HERC             | Bieg 5km | M    | 27               | 21:42.9 | 21:42.0 |
| 32      | 142 | Sylwia     | Leśniewicz       | Bieg 5km | K    | 5                | 21:47.0 | 21:42.0 |
| 33      | 60  | Dorota     | Gapys            | Bieg 5km | K    | 6                | 21:48.4 | 21:45.0 |
| 34      | 206 | Arkadiusz  | Pierzakowski     | Bieg 5km | M    | 28               | 21:51.6 | 21:42.0 |
| 35      | 327 | Łukasz     | Fraj             | Bieg 5km | M    | 29               | 21:59.1 | 21:43.0 |
| 36      | 34  | Marcin     | Ciapa            | Bieg 5km | M    | 30               | 22:02.2 | 22:00.0 |
| 37      | 227 | Janusz     | Romanowicz       | Bieg 5km | M    | 31               | 22:05.5 | 22:03.0 |
| 38      | 335 | Hieronim   | Klimczak         | Bieg 5km | M    | 32               | 22:13.0 | 22:08.0 |
| 39      | 345 | Marcin     | Włodarczyk       | Bieg 5km | M    | 33               | 22:13.8 | 22:07.0 |
| 40      | 276 | Tomasz     | Świniarski       | Bieg 5km | M    | 34               | 22:19.4 | 22:16.0 |
| 41      | 82  | Mariusz    | Jaworski         | Bieg 5km | M    | 35               | 22:28.7 | 22:15.0 |
| 42      | 321 | Tomasz     | Rosiak           | Bieg 5km | M    | 36               | 22:32.1 | 22:16.0 |
| 43      | 124 | Mikołaj    | Krata            | Bieg 5km | M    | 37               | 22:38.8 | 22:30.0 |
| 44      | 340 | Ignacy     | Wabiński         | Bieg 5km | M    | 38               | 22:39.9 | 22:28.0 |
| 45      | 193 | Monika     | Papuga-Sobczak   | Bieg 5km | K    | 7                | 22:40.5 | 22:37.0 |
| 46      | 69  | Michał     | Grzanka          | Bieg 5km | M    | 39               | 23:03.0 | 22:58.0 |
| 47      | 91  | Andrii     | Kalyta           | Bieg 5km | M    | 40               | 23:04.6 | 23:01.0 |
| 48      | 172 | Łukasz     | Bejmert          | Bieg 5km | M    | 41               | 23:06.7 | 22:59.0 |
| 49      | 54  | Dariusz    | Filipiak         | Bieg 5km | M    | 42               | 23:13.3 | 23:09.0 |
| 50      | 235 | Mariusz    | Ryks             | Bieg 5km | M    | 43               | 23:13.4 | 23:10.0 |
| 51      | 310 | Stanisław  | Zalewski         | Bieg 5km | M    | 44               | 23:28.6 | 23:13.0 |
| 52      | 239 | Michał     | Skibinski        | Bieg 5km | M    | 46               | 23:46.3 | 23:31.0 |
| 53      | 190 | Jarosław   | Osiński          | Bieg 5km | M    | 45               | 23:46.5 | 23:37.0 |
| 54      | 182 | Witold     | Motyłski         | Bieg 5km | M    | 47               | 23:54.8 | 23:50.0 |
| 55      | 119 | Jarosław   | Kowalski         | Bieg 5km | M    | 48               | 23:56.3 | 23:48.0 |
| 56      | 214 | Piotr      | Pipia            | Bieg 5km | M    | 49               | 23:58.4 | 23:53.0 |
| 57      | 329 | Małgorzata | Rychlińska       | Bieg 5km | K    | 8                | 24:00.4 | 23:58.0 |
| 58      | 138 | Jakub      | Leoniak          | Bieg 5km | M    | 50               | 24:04.6 | 24:02.0 |

|     |     |            |               |          |   |    |         |         |
|-----|-----|------------|---------------|----------|---|----|---------|---------|
| 59  | 150 | Mateusz    | Łukaszewicz   | Bieg 5km | M | 51 | 24:05.4 | 24:03.0 |
| 60  | 296 | Tomasz     | Włodarczyk    | Bieg 5km | M | 52 | 24:08.9 | 23:55.0 |
| 61  | 352 | Jarosław   | Głowacki      | Bieg 5km | M | 53 | 24:18.7 | 24:03.0 |
| 62  | 241 | Tomasz     | Skibiński     | Bieg 5km | M | 54 | 24:19.7 | 24:16.0 |
| 63  | 285 | Daniel     | Wągrowski     | Bieg 5km | M | 55 | 24:22.5 | 24:11.0 |
| 64  | 105 | Karina     | Kołodziejczyk | Bieg 5km | K | 9  | 24:24.2 | 24:20.0 |
| 65  | 234 | Hubert     | Rychłowski    | Bieg 5km | M | 56 | 24:24.8 | 24:20.0 |
| 66  | 185 | Adrian     | Nowakowski    | Bieg 5km | M | 57 | 24:27.2 | 24:22.0 |
| 67  | 27  | Patryk     | Bryła         | Bieg 5km | M | 58 | 24:30.4 | 24:23.0 |
| 68  | 294 | Mikołaj    | Witczak       | Bieg 5km | M | 59 | 24:37.5 | 24:29.0 |
| 69  | 128 | Grzegorz   | Królewiak     | Bieg 5km | M | 60 | 24:40.8 | 24:18.0 |
| 70  | 284 | Andrzej    | Wągrowski     | Bieg 5km | M | 61 | 24:50.4 | 24:44.0 |
| 71  | 49  | JAROSŁAW   | DUBIŃSKI      | Bieg 5km | M | 62 | 24:51.6 | 24:49.0 |
| 72  | 168 | Łukasz     | Mąkowski      | Bieg 5km | M | 63 | 24:54.8 | 24:45.0 |
| 73  | 333 | Radosław   | Bławat        | Bieg 5km | M | 64 | 24:57.6 | 24:23.0 |
| 74  | 93  | Błażej     | Kamiński      | Bieg 5km | M | 65 | 25:00.2 | 24:43.0 |
| 75  | 55  | Sławomir   | Flakowski     | Bieg 5km | M | 66 | 25:04.2 | 25:02.0 |
| 76  | 174 | Krzysztof  | Milek         | Bieg 5km | M | 67 | 25:06.6 | 25:01.0 |
| 77  | 137 | Michał     | Latus         | Bieg 5km | M | 68 | 25:07.9 | 25:03.0 |
| 78  | 136 | Aleksandra | Latus         | Bieg 5km | K | 10 | 25:08.3 | 25:04.0 |
| 79  | 339 | Marcin     | Skrobiranda   | Bieg 5km | M | 69 | 25:09.8 | 24:41.0 |
| 80  | 290 | Katarzyna  | Witczak       | Bieg 5km | K | 11 | 25:10.9 | 24:42.0 |
| 81  | 306 | NATALIA    | WRÓBEL        | Bieg 5km | K | 12 | 25:13.4 | 25:05.0 |
| 82  | 152 | Marta      | Łyszczarz     | Bieg 5km | K | 14 | 25:16.0 | 25:08.0 |
| 83  | 265 | Daniel     | Szubert       | Bieg 5km | M | 70 | 25:16.0 | 25:13.0 |
| 84  | 47  | Paulina    | Drózdź        | Bieg 5km | K | 13 | 25:16.6 | 25:06.0 |
| 85  | 211 | Bartosz    | Pilc          | Bieg 5km | M | 71 | 25:18.7 | 25:03.0 |
| 86  | 148 | Agnieszka  | Łuczak Olczyk | Bieg 5km | K | 15 | 25:19.4 | 25:17.0 |
| 87  | 271 | Marzena    | Światowa      | Bieg 5km | K | 16 | 25:19.7 | 25:11.0 |
| 88  | 16  | Oskar      | Beno          | Bieg 5km | M | 72 | 25:19.8 | 25:13.0 |
| 89  | 342 | Tomasz     | Majczak       | Bieg 5km | M | 73 | 25:20.4 | 25:05.0 |
| 90  | 90  | Marcin     | Kaczmarek     | Bieg 5km | M | 74 | 25:23.2 | 25:15.0 |
| 91  | 315 | Wiktor     | Ziółkowski    | Bieg 5km | M | 75 | 25:27.1 | 25:15.0 |
| 92  | 350 | Magdalena  | Leśniczak     | Bieg 5km | K | 17 | 25:32.8 | 25:26.0 |
| 93  | 213 | kamila     | piotrowska    | Bieg 5km | K | 18 | 25:33.5 | 25:30.0 |
| 94  | 11  | Jan        | Bednarek      | Bieg 5km | M | 76 | 25:37.5 | 25:18.0 |
| 95  | 10  | Rafał      | Bator         | Bieg 5km | M | 77 | 25:43.4 | 25:40.0 |
| 96  | 280 | Marcel     | Wardega       | Bieg 5km | M | 78 | 25:53.0 | 25:33.0 |
| 97  | 324 | Michał     | Woźnicki      | Bieg 5km | M | 79 | 25:56.2 | 25:50.0 |
| 98  | 267 | Żaneta     | Szumicka      | Bieg 5km | K | 19 | 25:56.9 | 25:48.0 |
| 99  | 222 | Krzysztof  | Półgrabia     | Bieg 5km | M | 80 | 25:58.8 | 25:47.0 |
| 100 | 399 | Dominik    | Barczyński    | Bieg 5km | M | 81 | 26:03.2 | 25:45.0 |
| 101 | 283 | Piotr      | Wągrowski     | Bieg 5km | M | 82 | 26:05.6 | 25:49.0 |
| 102 | 287 | Agnieszka  | Wejman        | Bieg 5km | K | 20 | 26:06.7 | 25:47.0 |
| 103 | 118 | Małgorzata | Kowalska      | Bieg 5km | K | 21 | 26:12.8 | 26:04.0 |
| 104 | 177 | Monika     | Miśkiewicz    | Bieg 5km | K | 22 | 26:21.0 | 26:16.0 |
| 105 | 224 | Łukasz     | Pustelnik     | Bieg 5km | M | 83 | 26:21.4 | 26:15.0 |
| 106 | 319 | Grzegorz   | Podgrodzki    | Bieg 5km | M | 84 | 26:29.3 | 26:11.0 |
| 107 | 307 | DAWID      | WRÓBEL        | Bieg 5km | M | 85 | 26:43.9 | 26:36.0 |
| 108 | 249 | Kamila     | Student       | Bieg 5km | K | 23 | 26:45.3 | 26:29.0 |
| 109 | 250 | Arkadiusz  | Student       | Bieg 5km | M | 86 | 26:46.5 | 26:30.0 |
| 110 | 134 | Sandra     | Kwaśniak      | Bieg 5km | K | 24 | 26:51.6 | 26:37.0 |
| 111 | 6   | Dariusz    | Banasiak      | Bieg 5km | M | 87 | 26:58.6 | 26:56.0 |
| 112 | 207 | Arkadiusz  | Piestrzynski  | Bieg 5km | M | 88 | 26:58.9 | 26:53.0 |
| 113 | 131 | Dominik    | Kryściak      | Bieg 5km | M | 89 | 27:12.4 | 27:08.0 |
| 114 | 263 | Szymon     | Szewczyk      | Bieg 5km | M | 90 | 27:13.0 | 26:14.0 |
| 115 | 66  | Janusz     | Godlewski     | Bieg 5km | M | 91 | 27:17.9 | 26:54.0 |
| 116 | 196 | Grzegorz   | Paruch        | Bieg 5km | M | 92 | 27:22.2 | 27:04.0 |
| 117 | 84  | Regina     | Joachimiak    | Bieg 5km | K | 25 | 27:23.9 | 27:19.0 |
| 118 | 326 | Julita     | Wietrzykowska | Bieg 5km | K | 26 | 27:29.8 | 27:17.0 |
| 119 | 305 | ALEKSANDRA | WRÓBEL        | Bieg 5km | K | 28 | 27:32.4 | 27:25.0 |

|     |     |            |                 |          |   |     |         |         |
|-----|-----|------------|-----------------|----------|---|-----|---------|---------|
| 120 | 303 | Tomasz     | Woźniak         | Bieg 5km | M | 93  | 27:32.5 | 27:20.0 |
| 121 | 302 | Małgorzata | Woźniak         | Bieg 5km | K | 27  | 27:32.6 | 27:19.0 |
| 122 | 192 | Jakub      | Pająk           | Bieg 5km | M | 94  | 27:34.8 | 27:14.0 |
| 123 | 359 | Emilia     | Pluta           | Bieg 5km | K | 29  | 27:36.7 | 27:34.0 |
| 124 | 35  | ZBIGNIEW   | CIAPA           | Bieg 5km | M | 95  | 27:39.2 | 27:36.0 |
| 125 | 163 | Przemysław | Marek           | Bieg 5km | M | 96  | 27:40.4 | 27:24.0 |
| 126 | 162 | Milena     | Marek           | Bieg 5km | K | 30  | 27:40.5 | 27:24.0 |
| 127 | 36  | Joanna     | Cieplucha       | Bieg 5km | K | 31  | 28:30.6 | 28:21.0 |
| 128 | 245 | Karina     | Stasiak         | Bieg 5km | K | 32  | 28:32.5 | 28:12.0 |
| 129 | 80  | Łukasz     | Jarzyński       | Bieg 5km | M | 97  | 28:50.8 | 28:28.0 |
| 130 | 325 | Julia      | Maćkowska       | Bieg 5km | K | 33  | 28:53.6 | 28:41.0 |
| 131 | 64  | Emilia     | Głowacka        | Bieg 5km | K | 34  | 28:57.7 | 28:41.0 |
| 132 | 320 | Ewelina    | Ślęzak          | Bieg 5km | K | 35  | 28:59.7 | 28:50.0 |
| 133 | 316 | Adam       | Złomańczuk      | Bieg 5km | M | 98  | 29:03.8 | 28:50.0 |
| 134 | 12  | Filip      | Bejmert         | Bieg 5km | M | 99  | 29:12.9 | 29:01.0 |
| 135 | 215 | Aleksandra | Pluskota        | Bieg 5km | K | 36  | 29:20.2 | 29:16.0 |
| 136 | 70  | Dawid      | Grzybiński      | Bieg 5km | M | 100 | 29:28.6 | 29:04.0 |
| 137 | 351 | Daria      | Leśniczak       | Bieg 5km | K | 37  | 29:33.9 | 29:26.0 |
| 138 | 218 | Sławomir   | Poniński        | Bieg 5km | M | 101 | 29:37.6 | 29:14.0 |
| 139 | 78  | Ireneusz   | Jaranowski      | Bieg 5km | M | 102 | 29:39.0 | 29:22.0 |
| 140 | 240 | Katarzyna  | Skibińska       | Bieg 5km | K | 38  | 29:39.0 | 29:34.0 |
| 141 | 270 | Xxx        | ŚPIKOWSKA-SUSIK | Bieg 5km | K | 39  | 29:56.1 | 29:20.0 |
| 142 | 108 | Patryk     | Kołodziejczyk   | Bieg 5km | M | 103 | 30:00.9 | 29:47.0 |
| 143 | 191 | Katarzyna  | Pająk           | Bieg 5km | K | 40  | 30:15.7 | 29:55.0 |
| 144 | 300 | Karol      | Wolski          | Bieg 5km | M | 104 | 30:16.6 | 30:02.0 |
| 145 | 299 | Alicja     | Wolska          | Bieg 5km | K | 41  | 30:17.7 | 30:04.0 |
| 146 | 323 | Łukasz     | Drozd           | Bieg 5km | M | 105 | 30:22.2 | 29:56.0 |
| 147 | 292 | Sylwester  | Witczak         | Bieg 5km | M | 106 | 30:45.2 | 30:18.0 |
| 148 | 209 | Dominik    | Pietrasiak      | Bieg 5km | M | 107 | 30:48.2 | 30:37.0 |
| 149 | 48  | Ryszard    | Dubiański       | Bieg 5km | M | 108 | 30:54.4 | 30:35.0 |
| 150 | 133 | Beata      | Kulawiecka      | Bieg 5km | K | 44  | 30:56.1 | 30:50.0 |
| 151 | 39  | Justyna    | Cieślak         | Bieg 5km | K | 42  | 30:56.7 | 30:51.0 |
| 152 | 125 | magdalena  | krawczyk        | Bieg 5km | K | 43  | 30:56.9 | 30:51.0 |
| 153 | 92  | Sylwester  | Kamiński        | Bieg 5km | M | 109 | 31:19.5 | 31:02.0 |
| 154 | 217 | Iwona      | Plócienniczak   | Bieg 5km | K | 45  | 31:28.8 | 31:14.0 |
| 155 | 176 | Małgorzata | Miszczak-Wolska | Bieg 5km | K | 46  | 31:31.5 | 31:21.0 |
| 156 | 251 | Patrycja   | Studzińska      | Bieg 5km | K | 47  | 31:36.1 | 31:15.0 |
| 157 | 400 | Mariusz    | Witczak         | Bieg 5km | M | 110 | 31:36.5 | 31:13.0 |
| 158 | 113 | Łukasz     | Kopka           | Bieg 5km | M | 111 | 31:37.0 | 31:14.0 |
| 159 | 184 | Monika     | Nowakowska      | Bieg 5km | K | 48  | 31:39.7 | 31:25.0 |
| 160 | 147 | Justyna    | Łasocha         | Bieg 5km | K | 49  | 31:47.8 | 31:44.0 |
| 161 | 126 | Małgorzata | Król Naumowicz  | Bieg 5km | K | 50  | 31:49.1 | 31:40.0 |
| 162 | 161 | MARZENA    | Marczak         | Bieg 5km | K | 51  | 31:49.4 | 31:40.0 |
| 163 | 194 | Anna       | Parandyk        | Bieg 5km | K | 52  | 31:56.6 | 31:56.0 |
| 164 | 336 | Jakub      | Hartwich        | Bieg 5km | M | 112 | 31:58.7 | 31:38.0 |
| 165 | 32  | Przemysław | Bulenger        | Bieg 5km | M | 113 | 32:01.7 | 31:34.0 |
| 166 | 353 | Michał     | Osiński         | NW 5km   | M | 115 | 32:19.1 | 32:00.0 |
| 167 | 159 | Monika     | Mann            | Bieg 5km | K | 53  | 32:19.7 | 31:56.0 |
| 168 | 195 | Filip      | Parandyk        | Bieg 5km | M | 114 | 32:19.9 | 32:18.0 |
| 169 | 346 | Arkadiusz  | Sapiejka        | Bieg 5km | M | 116 | 32:29.7 | 32:03.0 |
| 170 | 247 | HUBERT     | STASIAKIEWICZ   | Bieg 5km | M | 117 | 32:39.9 | 32:21.0 |
| 171 | 297 | Katarzyna  | Wojciechowska   | Bieg 5km | K | 54  | 32:45.3 | 32:40.0 |
| 172 | 59  | Weronika   | Frołow          | Bieg 5km | K | 55  | 33:24.2 | 33:16.0 |
| 173 | 289 | Weronika   | Wiśniewska      | Bieg 5km | K | 56  | 33:27.3 | 33:19.0 |
| 174 | 258 | Hanna      | Szewczyk        | Bieg 5km | K | 57  | 33:36.9 | 33:35.0 |
| 175 | 355 | Wiktor     | Hadrian         | Bieg 5km | M | 118 | 33:43.1 | 33:29.0 |
| 176 | 96  | Karolina   | Kijewska        | Bieg 5km | K | 58  | 33:46.1 | 33:33.0 |
| 177 | 173 | Renata     | Miller          | Bieg 5km | K | 59  | 33:49.7 | 33:46.0 |
| 178 | 293 | Małgorzata | Wolna           | Bieg 5km | K | 60  | 33:56.1 | 33:39.7 |
| 179 | 129 | Arkadiusz  | Królewiak       | Bieg 5km | M | 119 | 33:56.6 | 33:40.0 |
| 180 | 357 | Wojciech   | Opelt           | Bieg 5km | M | 120 | 34:08.8 | 33:54.0 |

|     |     |            |              |          |   |     |         |         |
|-----|-----|------------|--------------|----------|---|-----|---------|---------|
| 181 | 57  | Wiktoria   | Fraszczak    | Bieg 5km | K | 61  | 34:36.9 | 34:18.0 |
| 182 | 43  | ANNA       | CZEKALAK     | NW 5km   | K | 62  | 34:51.2 | 34:30.0 |
| 183 | 180 | Cezary     | Mitrus       | Bieg 5km | M | 122 | 35:13.3 | 34:55.0 |
| 184 | 146 | Mateusz    | Łacwik       | Bieg 5km | M | 121 | 35:13.5 | 34:59.0 |
| 185 | 143 | Marika     | Łacwik       | Bieg 5km | K | 63  | 35:15.1 | 35:00.0 |
| 186 | 38  | Amelia     | Ciesielska   | Bieg 5km | K | 64  | 35:42.4 | 35:42.0 |
| 187 | 322 | Krzysztof  | Rozpędzki    | NW 5km   | M | 123 | 36:03.4 | 35:51.0 |
| 188 | 259 | Zuzanna    | Szewczyk     | Bieg 5km | K | 65  | 36:06.5 | 36:06.0 |
| 189 | 261 | Małgorzata | Szewczyk     | Bieg 5km | K | 66  | 36:06.5 | 36:05.0 |
| 190 | 308 | Bożena     | Zajączkowska | NW 5km   | K | 67  | 36:29.1 | 36:11.0 |
| 191 | 1   | Magdalena  | Andrzejak    | Bieg 5km | K | 68  | 36:30.9 | 36:04.0 |
| 192 | 301 | Bartosz    | Woszczalski  | Bieg 5km | M | 124 | 36:38.8 | 36:19.0 |
| 193 | 30  | Sylvia     | Bulenger     | Bieg 5km | K | 69  | 36:40.9 | 36:18.0 |
| 194 | 87  | Dominika   | Kaczmarek    | Bieg 5km | K | 70  | 36:50.0 | 36:30.0 |
| 195 | 181 | Katarzyna  | Mołas        | Bieg 5km | K | 71  | 36:56.9 | 36:47.0 |
| 196 | 73  | Jan        | Jagiełło     | NW 5km   | M | 125 | 37:15.3 | 37:02.0 |
| 197 | 201 | Amelia     | Pawlikowska  | Bieg 5km | K | 72  | 38:29.7 | 38:20.0 |
| 198 | 233 | Michał     | Rychłowski   | NW 5km   | M | 126 | 38:54.0 | 38:35.0 |
| 199 | 61  | Anna       | Gawron       | NW 5km   | K | 73  | 39:43.9 | 39:30.0 |
| 200 | 242 | Janusz     | Sobczak      | NW 5km   | M | 127 | 39:49.2 | 39:31.0 |
| 201 | 186 | Ewelina    | Nowicka      | NW 5km   | K | 74  | 40:12.2 | 39:43.0 |
| 202 | 349 | Gabriela   | Sobczak      | Bieg 5km | K | 75  | 40:23.4 | 40:14.0 |
| 203 | 348 | Igor       | Kruszyński   | Bieg 5km | M | 128 | 40:23.6 | 40:13.0 |
| 204 | 58  | Anna       | Frołow       | Bieg 5km | K | 76  | 40:28.0 | 40:18.0 |
| 205 | 37  | Julia      | Ciesielska   | Bieg 5km | K | 77  | 40:31.1 | 40:18.0 |
| 206 | 356 | Roman      | Hadrian      | Bieg 5km | M | 129 | 40:31.2 | 40:18.0 |
| 207 | 205 | Weronika   | Piekarska    | Bieg 5km | K | 78  | 40:33.5 | 40:22.0 |
| 208 | 188 | Szymon     | Obałka       | Bieg 5km | M | 130 | 40:41.8 | 40:35.0 |
| 209 | 203 | Paulina    | Piasecka     | Bieg 5km | K | 79  | 41:33.5 | 41:21.0 |
| 210 | 398 | Jagoda     | Wiżak        | NW 5km   | K | 80  | 41:59.4 | 41:59.0 |
| 211 | 9   | Anna       | Barwaśna     | Bieg 5km | K | 81  | 42:14.2 | 41:56.0 |
| 212 | 44  | Ewelina    | Damas        | Bieg 5km | K | 82  | 42:14.4 | 41:57.0 |
| 213 | 3   | Bogusława  | Balcerek     | Bieg 5km | K | 83  | 42:23.1 | 42:05.0 |
| 214 | 273 | Ewelina    | Święcicka    | Bieg 5km | K | 84  | 42:23.1 | 42:05.0 |
| 215 | 53  | Piotr      | Dzierżawski  | NW 5km   | M | 131 | 42:36.1 | 42:17.0 |
| 216 | 67  | Agnieszka  | Górnik       | NW 5km   | K | 85  | 43:04.4 | 42:59.0 |
| 217 | 18  | Mariusz    | Bilant       | NW 5km   | M | 132 | 43:28.7 | 43:01.0 |
| 218 | 52  | Dominika   | Dudzińska    | NW 5km   | K | 86  | 43:35.9 | 43:22.0 |
| 219 | 40  | Martyna    | Cieślak      | NW 5km   | K | 87  | 43:36.0 | 43:21.0 |
| 220 | 200 | Aleksandra | Pawelska     | NW 5km   | K | 88  | 43:36.9 | 43:21.0 |
| 221 | 122 | Edyta      | Merczyńska   | Bieg 5km | K | 89  | 43:42.2 | 43:34.0 |
| 222 | 111 | Joanna     | Komorowska   | NW 5km   | K | 90  | 43:42.6 | 43:36.0 |
| 223 | 219 | Anna       | Potrzebny    | NW 5km   | K | 91  | 43:43.6 | 43:34.0 |
| 224 | 202 | Joanna     | Perlińska    | NW 5km   | K | 92  | 43:43.7 | 43:34.0 |
| 225 | 116 | Blanka     | Kopka        | NW 5km   | K | 93  | 44:20.3 | 43:58.0 |
| 226 | 358 | Nikola     | Licha        | Bieg 5km | K | 94  | 44:28.2 | 44:28.0 |
| 227 | 332 | Justyna    | Bławat       | NW 5km   | K | 95  | 44:30.1 | 43:55.0 |
| 228 | 337 | Joanna     | Zajęc        | NW 5km   | K | 96  | 44:34.6 | 44:09.0 |
| 229 | 347 | Monika     | Kiedrowska   | Bieg 5km | M | 133 | 44:37.1 | 44:14.0 |
| 230 | 354 | Gabriela   | Zduniak      | Bieg 5km | K | 97  | 44:38.1 | 44:15.0 |
| 231 | 72  | Małgorzata | Jagiełło     | NW 5km   | K | 98  | 44:44.3 | 44:33.0 |
| 232 | 311 | Bernardeta | Zawlik       | NW 5km   | K | 99  | 44:46.7 | 44:36.0 |
| 233 | 228 | Ewa        | Rośkowska    | NW 5km   | K | 100 | 45:04.8 | 44:54.0 |
| 234 | 229 | Tadeusz    | Rośkowski    | NW 5km   | M | 134 | 45:05.0 | 44:44.0 |
| 235 | 252 | Piotr      | Susik        | NW 5km   | K | 101 | 45:24.0 | 44:52.0 |
| 236 | 253 | Piotr      | Susik        | NW 5km   | M | 135 | 45:24.6 | 44:53.0 |
| 237 | 45  | Joanna     | Dawid        | NW 5km   | K | 102 | 45:27.2 | 45:18.0 |
| 238 | 254 | Leon       | Susik        | NW 5km   | M | 136 | 45:42.1 | 45:12.0 |
| 239 | 237 | AGNIESZKA  | SADOWSKA     | NW 5km   | K | 103 | 45:57.5 | 45:48.0 |
| 240 | 97  | Agnieszka  | Klatka       | NW 5km   | K | 104 | 45:57.9 | 45:52.0 |
| 241 | 256 | Agnieszka  | Szczepańska  | Bieg 5km | K | 105 | 46:27.1 | 46:03.0 |

|     |     |            |                         |          |   |     |         |         |
|-----|-----|------------|-------------------------|----------|---|-----|---------|---------|
| 242 | 231 | Arkadiusz  | Rutkowski               | NW 5km   | M | 137 | 46:27.7 | 45:59.0 |
| 243 | 74  | Marzena    | Jakubowiak              | NW 5km   | K | 106 | 46:29.0 | 45:58.0 |
| 244 | 114 | Renata     | Kopka                   | NW 5km   | K | 107 | 46:29.6 | 46:06.0 |
| 245 | 166 | Angelika   | Matusiak                | NW 5km   | K | 108 | 46:30.9 | 46:08.0 |
| 246 | 275 | Agata      | Świniarska              | NW 5km   | K | 109 | 46:30.9 | 46:08.0 |
| 247 | 132 | Joanna     | Książyk                 | NW 5km   | K | 110 | 46:45.2 | 46:18.0 |
| 248 | 23  | Dorota     | Bomba                   | NW 5km   | K | 111 | 46:45.4 | 46:20.0 |
| 249 | 304 | Małgorzata | Wójcik                  | NW 5km   | K | 112 | 46:45.6 | 46:21.0 |
| 250 | 81  | Barbara    | Jaworska                | NW 5km   | K | 113 | 47:13.6 | 47:08.0 |
| 251 | 164 | KATARZYNA  | MAROS                   | NW 5km   | K | 114 | 47:14.7 | 47:05.0 |
| 252 | 277 | EMILIA     | TARKA                   | NW 5km   | K | 115 | 47:14.7 | 47:09.0 |
| 253 | 248 | ANNA       | STĘPIEŃ-BRZAŃKAŁA       | NW 5km   | K | 116 | 47:14.9 | 47:04.0 |
| 254 | 25  | Dominik    | Borkowski               | NW 5km   | M | 138 | 47:24.7 | 47:14.0 |
| 255 | 24  | Dominika   | Borkowska               | NW 5km   | K | 117 | 47:25.1 | 47:13.0 |
| 256 | 178 | Renata     | Miśkiewicz              | NW 5km   | K | 118 | 47:28.1 | 47:01.0 |
| 257 | 236 | Emilia     | Sadowska                | NW 5km   | K | 119 | 47:28.1 | 47:03.0 |
| 258 | 22  | Jakub      | Bodzak                  | NW 5km   | M | 139 | 48:13.3 | 47:44.0 |
| 259 | 243 | Amelia     | Sobieraj                | Bieg 5km | K | 120 | 48:24.7 | 48:04.0 |
| 260 | 338 | Agnieszka  | Płaczek                 | Bieg 5km | K | 121 | 48:27.1 | 48:05.0 |
| 261 | 396 | Laura      | Skorowska               | NW 5km   | K | 122 | 48:28.6 | 48:28.0 |
| 262 | 397 | Nadia      | Wiźchowicz              | NW 5km   | K | 123 | 48:31.9 | 48:31.0 |
| 263 | 98  | Maria      | Klimkiewicz             | NW 5km   | K | 124 | 48:36.8 | 48:07.0 |
| 264 | 46  | Milena     | Dembowska               | NW 5km   | K | 125 | 49:06.8 | 48:36.0 |
| 265 | 246 | Elżbieta   | Stasiak                 | NW 5km   | K | 126 | 49:08.1 | 48:39.0 |
| 266 | 77  | Karolina   | Janik                   | NW 5km   | K | 127 | 49:08.4 | 48:39.0 |
| 267 | 141 | Beata      | Leśniak-Janeczek        | NW 5km   | K | 128 | 49:08.9 | 48:44.0 |
| 268 | 103 | Patrycja   | Koguciuk                | NW 5km   | K | 129 | 49:09.8 | 48:40.0 |
| 269 | 155 | Małgorzata | Manicka                 | NW 5km   | K | 130 | 49:39.2 | 49:30.0 |
| 270 | 102 | Arkadiusz  | Kochelak                | NW 5km   | M | 140 | 49:40.7 | 49:29.0 |
| 271 | 198 | Monika     | Pasierb                 | NW 5km   | K | 131 | 49:41.1 | 49:30.0 |
| 272 | 269 | Lidia      | Szymczak                | NW 5km   | K | 132 | 49:41.7 | 49:15.0 |
| 273 | 204 | Magda      | Piecuch                 | NW 5km   | K | 133 | 49:44.2 | 49:18.0 |
| 274 | 257 | Agnieszka  | Szczepańska-Pokrywiecka | NW 5km   | K | 134 | 49:44.7 | 49:18.0 |
| 275 | 395 | Brygida    | Maćkoiwska              | NW 5km   | K | 135 | 50:04.3 | 50:04.0 |
| 276 | 392 | Michalina  | Strzelińska             | NW 5km   | K | 136 | 50:26.4 | 50:26.0 |
| 277 | 393 | Anna       | Szewczyk                | Bieg 5km | K | 137 | 50:28.5 | 49:49.0 |
| 278 | 394 | Julia      | Warwrzyniak             | Bieg 5km | K | 138 | 50:29.8 | 49:55.0 |
| 279 | 50  | Aleksandra | Dudkowska               | NW 5km   | K | 139 | 50:54.0 | 50:40.0 |
| 280 | 313 | Barbara    | Zdybek                  | NW 5km   | K | 140 | 50:54.4 | 50:42.0 |
| 281 | 17  | Agnieszka  | Bilant                  | NW 5km   | K | 141 | 50:57.9 | 50:30.0 |
| 282 | 20  | Zdzisław   | BLADOWSKI               | NW 5km   | M | 141 | 51:00.2 | 50:32.0 |
| DNS | 4   | Małgorzata | Bałtruczuk              | Bieg 5km | K |     |         |         |
| DNS | 5   | Anna       | Banasiak                | Bieg 5km | K |     |         |         |
| DNS | 65  | Anna       | Gocek                   | Bieg 5km | K |     |         |         |
| DNS | 68  | Małgorzata | Gruszka                 | NW 5km   | K |     |         |         |
| DNS | 76  | Sylvia     | Janas                   | Bieg 5km | K |     |         |         |
| DNS | 79  | Maria      | Jaros                   | NW 5km   | K |     |         |         |
| DNS | 85  | Aleksandra | Jończyk                 | Bieg 5km | K |     |         |         |
| DNS | 86  | Maja       | Kacperczyk              | NW 5km   | K |     |         |         |
| DNS | 99  | Agnieszka  | Kmiecik                 | Bieg 5km | K |     |         |         |
| DNS | 110 | Magdalena  | Kołodziejska            | NW 5km   | K |     |         |         |
| DNS | 123 | Agata      | Kozłowska               | NW 5km   | K |     |         |         |
| DNS | 127 | Ewelina    | Królewiak               | Bieg 5km | K |     |         |         |
| DNS | 130 | Kalina     | Królikowska             | Bieg 5km | K |     |         |         |
| DNS | 139 | Wioletta   | Lepczyńska              | Bieg 5km | K |     |         |         |
| DNS | 151 | Marta      | Łysio                   | Bieg 5km | K |     |         |         |
| DNS | 156 | Izabela    | Maniecka                | Bieg 5km | K |     |         |         |
| DNS | 167 | Arleta     | Matysiak                | Bieg 5km | K |     |         |         |
| DNS | 169 | Edyta      | Michalak                | Bieg 5km | K |     |         |         |
| DNS | 170 | Martyna    | Michalak                | Bieg 5km | K |     |         |         |
| DNS | 175 | Anna       | Mirowska                | NW 5km   | K |     |         |         |

|     |     |            |              |          |   |  |  |  |
|-----|-----|------------|--------------|----------|---|--|--|--|
| DNS | 183 | Joanna     | Mudzo        | Bieg 5km | K |  |  |  |
| DNS | 199 | Klaudia    | Pastuszka    | Bieg 5km | K |  |  |  |
| DNS | 223 | Julia      | Prządka      | Bieg 5km | K |  |  |  |
| DNS | 226 | Zuzanna    | Rojek        | NW 5km   | K |  |  |  |
| DNS | 238 | Justyna    | Serafinowska | Bieg 5km | K |  |  |  |
| DNS | 260 | Anna       | Szewczyk     | Bieg 5km | K |  |  |  |
| DNS | 266 | Agnieszka  | Szulc        | NW 5km   | K |  |  |  |
| DNS | 278 | Monika     | Todorowska   | NW 5km   | K |  |  |  |
| DNS | 281 | Julia      | Wawrzyniak   | Bieg 5km | K |  |  |  |
| DNS | 288 | Anna       | Wiśniewska   | Bieg 5km | K |  |  |  |
| DNS | 309 | Edyta      | Zakrzewska   | NW 5km   | K |  |  |  |
| DNS | 312 | Dudkowski  | Zdybek       | NW 5km   | K |  |  |  |
| DNS | 330 | Sylvia     | Marczewska   | Bieg 5km | K |  |  |  |
| DNS | 19  | Rafał      | Bistula      | Bieg 5km | M |  |  |  |
| DNS | 21  | Stanisław  | Bochen       | Bieg 5km | M |  |  |  |
| DNS | 29  | Robert     | Brzeziecki   | Bieg 5km | M |  |  |  |
| DNS | 51  | Bartłomiej | Dudkowski    | Bieg 5km | M |  |  |  |
| DNS | 62  | Jarosław   | Głogowski    | Bieg 5km | M |  |  |  |
| DNS | 83  | Łukasz     | Jędrasiak    | Bieg 5km | M |  |  |  |
| DNS | 88  | Oskar      | Kaczmarek    | Bieg 5km | M |  |  |  |
| DNS | 89  | Grzegorz   | Kaczmarek    | Bieg 5km | M |  |  |  |
| DNS | 94  | Tadeusz    | Kasprzak     | NW 5km   | M |  |  |  |
| DNS | 100 | Radosław   | Kmieciak     | Bieg 5km | M |  |  |  |
| DNS | 101 | Artur      | Kochański    | Bieg 5km | M |  |  |  |
| DNS | 104 | Robert     | Kolodziejski | Bieg 5km | M |  |  |  |
| DNS | 112 | MARIUSZ    | KOPERWAS     | Bieg 5km | M |  |  |  |
| DNS | 117 | Krzysztof  | Kowalczyk    | Bieg 5km | M |  |  |  |
| DNS | 120 | Robert     | Kowalski     | Bieg 5km | M |  |  |  |
| DNS | 135 | Stanisław  | Laszczak     | Bieg 5km | M |  |  |  |
| DNS | 158 | Paweł      | Maniecki     | Bieg 5km | M |  |  |  |
| DNS | 160 | Mariusz    | Mann         | Bieg 5km | M |  |  |  |
| DNS | 165 | Arkadiusz  | Maruszewski  | Bieg 5km | M |  |  |  |
| DNS | 179 | Nikodem    | Miśkiewicz   | NW 5km   | M |  |  |  |
| DNS | 187 | Kamil      | Nyks         | Bieg 5km | M |  |  |  |
| DNS | 189 | Ksawery    | Ochencki     | Bieg 5km | M |  |  |  |
| DNS | 197 | Wojciech   | Paruch       | Bieg 5km | M |  |  |  |
| DNS | 208 | Zbyszek    | Pietrasiak   | Bieg 5km | M |  |  |  |
| DNS | 230 | Marek      | Różański     | Bieg 5km | M |  |  |  |
| DNS | 268 | Sebastian  | Szymański    | Bieg 5km | M |  |  |  |
| DNS | 282 | Sławomir   | Wawrzyniak   | NW 5km   | M |  |  |  |
| DNS | 286 | Dawid      | Wągrowski    | Bieg 5km | M |  |  |  |
| DNS | 318 | Paweł      | Szewczyk     | Bieg 5km | M |  |  |  |
| DNS | 317 |            |              | Unknown  | M |  |  |  |